

2025

APRIL J TIPTON ELEMENTARY SCHOOL DISTRICT

MONDAY

Must take 3 of 5 components

8oz Non-Fat Chocolate Milk

WATER PROVIDED AT ALL MEALS

Breakfast

Super Donut

Fruit, Juice, Milk

Lunch

Grill Cheese Sandwich

Chips, Veggies, Fruit Cup

Milk

2oz Meat /Meat Alt

51% WG Products
½ Cup Fruit or ¾ c Veggies

8oz Low-Fat Milk

Breakfast Sandwich or Cereal

Lunch
Chicken Sandwich
Fries, Lettuce & Pickles
Fruit Cup. Milk

Fruit, juice, Milk

Breakfast
Banana Bread
Fruit, Juice, Milk

15

Lunch
Hamburger, Fries
Lettuce & Pickles, Fruit Cup
Milk

TUESDAY

2 B Fruit,

Lunch
Ham & Cheese Sandwich
Chips, Veggies, Fruit Cup
Milk

9 Breakfast Combo Bar w/Toast or Cereal Fruit, Juice, Milk

> <u>Lunch</u> Enchilada Empanada, Beans, Toss Salad, Fruit Cup Milk

WEDNESDAY

Breakfast
Muffin

Fruit, Juice, Milk

Mercal

Breakfast
Cereal
Fruit, Juice, Milk

24

<u>Lunch</u>
BBQ Rib Sandwich, Wedges
Veggies, Fruit Cup
Milk

THURSDAY

10 <u>Breakfast</u> Cereal Fruit, Juice, Milk

Lunch
Posole Soup, Chips
Veggies, Fruit Cup
Milk

FRIDAY

Breakfast
Assorted or Cereal
Fruit, Juice, Milk

Lunch Cheese Pizza Veggies, Toss Salad Fruit Cup, Milk

Breakfast Pancakes w/ Syrup Fruit, Juice, Milk

<u>Lunch</u> PBJ Sandwich, Chips Veggies, Fruit Cup Milk



II.

Breakfast Cereal Fruit, Juice, Milk

Lunch Sloppy Joe, Beans Salad, Fruit Cup Milk

<u>Breakfast</u> Breakfast Bar Fruit, Juice, Milk

> Lunch Sandwich, Chips Veggies, Fruit Cup Milk



Breakfast
Pizza or Cereal
Fruit, Juice, Milk

Lunch Burrito, Salsa Veggies, Fruit Cup Milk

Egg & Chz Sandwich or Cereal Fruit, Juice, Milk

Lunch
Beef Tostada, Salsa
Lettuce & Tomato, Veggies
Fruit Cup, Milk



Breakfast
Apple Empanada
Fruit, Juice, Toast

<u>Lunch</u> Corn Dogs Fries Veggies, Fruit Cup Milk

<u>Breakfast</u> Cereal Fruit, Juice, Milk

30

Lunch Chicken Teryaki Veggies, Fruit Cup Milk



No School

Breakfast

Cereal

Fruit, Juice, Milk

Lunch

Spaghetti, Roll

Veggies, Fruit Cup

Milk



No School

Pancake on a Stick or Cereal Fruit, Juice, Milk

> Lunch Peperoni Pizza Veggies, Toss Salad, Fruit Cup Milk

BREAKFAST & LUNCH MENU

Happy Easter-4/20 Spring Break-4/14-18 OVS/Salad Bar 4-8th